

Victory Hour



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THE STORY OF RUTH – II

Through Trial & Tragedy – Coming out of Bitterness

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The Scriptures

Ruth Chapters 1-4

Outline

A. Naomi is bitter (Ruth 1:20)

- “Call me Mara” – Self Pity
- “The Almighty has made life very bitter for me” – Blame
- “I went out full, but the Lord has brought me home empty - Victim mentality

B. Signs of Bitterness

- Withdrawal, avoiding people
- Critical attitude
- Mood changes
- Apathy – “I don’t care”
- Overly sensitive
- Inability to forgive
- Suspicious/distrusting
- Revengeful
- Rebellious
- Judgmental
- Unable to see the wrong they are doing
- Self-pity
- Hatred
- Unteachableness
- Prideful ambition
- Complaining
- Gossip
- Self induced misery
- Inability to admit to anything on this list!

C. How do you come out of bitterness?

- 1) Change of Place 1:6
 - a. A place of provision
 - b. A place of promise
 - c. A place of prosperity
- 2) Change of Perspective
 - a. Speaking Bitterness – 1:20
 - b. Speaking Blessings – 2:17-22
 - i. The power of life and death are in the tongue (Proverbs 18:21)
- 3) Change of Predicament
 - a. From Mara to Mentoring
 - i. Pour into someone else’s life - Chapter 3
 - b. From Lack to Life – 4:13- 22

Hebrews 12:15

See to it that no one comes short of the grace of God and that no root of bitterness springing up cause trouble, and by it many be defiled.

